Welcome to the world of fiber art!

Please read through the instructions before you start using your kit.

Your kit includes:

- 2 paint bottles
- 4 muslin patches
- 5 stencil sheets
- 1 paint brush

1) Come up with an idea. Keep in mind that simple ideas tend to be the most successful.

2) Draw your image onto a piece of paper. Shade in all the areas that you want to print. Keep it simple.

3) Cut out all shaded areas of your paper.

4) Place your cut paper onto the stencil sheet. Trace the cut edges of your cut design onto your stencil sheet with a pencil.

5) Cut out the traced areas of your stencil sheet.

6) SLOWLY remove the paper back from your stencil sheet. Toss the paper, keeping the sticky plastic sheet.

7) Starting with one side of your stencil sheet, adhesive side down, slowly lay down your stencil onto a muslin patch or an item you wish to print on.

8) Firmly press stencil onto item. Make sure that all cut edges are firmly adhered.

9) Using a modest amount of paint, paint around the edges of your stencil using LIGHT strokes or blotting, then fill in the center.

10) SLOWLY remove stencil sheet from the printed item. (All stencils are one time use and should be disposed of after one print).

11) Voila! You have a printed stencil.

Please note that fabric paint WILL STAIN! It will hold color through many washes. Your item should be completely dry to the touch in 1-2 hours and ready for use in 24 hours. For extra adhereance, iron your stencil once it has completely dried. (Not required.)

For more information please visit youthfiberart.org.